THE BRISTOL ACTIVITIES OF DAILY LIVING SCALE (BADLs)EP TEST

Patient Name:		Room #:	
Diagnosis:	Therapist:		
PURPOSE: 20 item questionnaire designed to reveal the everyda	ny ADL ab	ility of older patients with dementia and memory loss	
INSTRUCTIONS: 10 minutes to complete and 5 min to score. Set up in a multiple-choice format (a-e).		SCORING: Maximum score of 60 0 = totally Select one choice for each of the 20 items. Scores range from 0: independent – 3:dependent and 4: NA	t,
1. FOOD a. Selects and prepares food as required b. Able to prepare food if ingredients set out c. Can prepare food if prompted step by step d. Unable to prep food even w/ prompt & sup e. Not applicable	[]0 []1 []2 []3 []4	 5. DRESSING a. Selects appropriate clothing & dresses self b. Puts clothes on in wrong order and/or back to front and or dirty clothing c. Unable to dress self, but moves limbs to assist d. Unable to assist and requires total dsg e. Not applicable 	[]0 []1 []2 []3 []4
 2. EATING a. Eats appropriately using correct cutlery b. Eats appropriately if food made manageable and/or uses spoon c. Uses fingers to eat d. Needs to be fed e. Not applicable 	[]0 []1 []2 []3 []4	6. HYGIENE a. Washes regularly and independently b. Can wash self if given soap, towel, etc c. Can wash self if prompted and supervised d. Unable to wash self and needs full assist e. Not applicable	[]0 []1 []2 []3 []4
3. DRINK a. Selects and prepares drinks as required b. Can prepare drinks if ingredients made avail c. Can prep drinks if prompted step by step d. Unable to make drink even w/ prompt/sup e. Not applicable	[]0 []1 []2 []3 []4	7. TEETH a. Cleans own teeth/dentures regularly and I b. Cleans teeth/dentures if given approp items c. Requires some assist, toothpaste on brush d. Full assistance given e. Not applicable	[]0 []1 []2 []3 []4
4. DRINKING a. Drinks appropriately b. Drinks appropriately w/ aids, beaker/straw c. Does not drink appropriately even with aids but attempts to d. Has to have drinks administered (fed) e. Not applicable	[]0 []1 []2 []3 []4	 8. BATH/SHOWER a. Bathes regularly and independently b. Needs bath to be drawn/shower turned on but washes independently c. Needs supervision and prompting to wash d. Total dependent, needs supervision e. Not applicable 	[]0 []1 []2 []3 []4

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9. TOILET/COMMODE a. Uses toilet appropriately when required []0 14. COMMUNICATION b. Needs to be taken to toilet, & given assist []1 a. Able to hold appropriate conversation []0 c. Incontinent of urine or feces []2 b. Shows understanding and attempts to []3 respond verbally with gestures d. Incontinent of urine and feces []1 c. Can make self understood but difficulty e. Not applicable []4 understanding others []2 d. Does not respond to or communicate 10. TRANSFERS a. Can get in/out of chair unaided []0 with others []3 b. Can get in chair but needs help to get out []1 e. Not applicable []4 c. Needs help getting in and out of a chair []2 d. Totally dependent on being put into and 15. TELEPHONE lifted from a chair a. Uses telephone appropriately, including []3 obtaining correct number []4 e. Not applicable []0 b. Uses telephone if number given verbally 11. MOBILITY visually or pre-dialed []1 c. Answers telephone but doesn't make calls a. Walks independently []0 []2 d. Unable/unwilling to use telephone at all b. Walks w/assist, ie. furniture, arm []3 e. Not applicable for support []1 []4 c. Uses aid to mobilize, ie. frame, stick, etc []2 d. Unable to walk []3 16. HOUSEWORK/GARDENING e. Not applicable []4 a. Able to do housework/gardening to []0 previous standard 12. ORIENTATION-TIME b. Able to do housework/gardening but []1 not to previous standard a. Fully orientated to time/day/date etc. []0 c. Limited participation even with a lot of sup b. Unaware of time/day etc. but seems []2 d. Unwilling unable to participate in unconcerned []1 previous activities c. Repeatedly ask the time/day/date []2 []3 d. Mixes up night and day []3 e. Not applicable []4 e. Not applicable []4 17. SHOPPING 13. ORIENTATION-SPACE a. Shops to previous standards []0 b. Only able to shop for 1-2 items a. Fully oriented to surroundings []0 []1 b. Oriented to familiar surroundings only w/ or w/o a list []1 c. Gets lost in home, needs reminding c. Unable to shop alone, but participates when accompanied where bathroom is, etc. []2 []2 d. Unable to participate in shopping even d. Does not recognize home as own and []3 when accompanied attempts to leave []3 e. Not applicable e. Not applicable []4 []4

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18. FINANCES		19.GAMES/HOBBIES	
a. Responsible for own finances at prev level	[]0	a. Participate in pastimes/activities	
b. Unable to write check but can sign name		to previous standards	[]0
and recognizes money value	[]1	b. Participates but needs instruction/supervision	[]1
c. Can sign name but unable to recognize		c. Reluctant to join in, very slow, needs coaxing	[]2
money value	[]2	d. No longer able or willing to join in	[]3
d. Unable to sign name or recognize		e. Not applicable	[]4
money value	[]3		
e. Not applicable	[]4		
		TOTAL SCORE:	

0 = totally independent 60 = totally dependent